

Book Reviews

The Sky is Green and The Grass is Blue *Turing your upside down world right side up!*

“Deb Scott’s “The Sky is Green and the Grass is Blue” provides a quirky, upbeat path to transforming your life. Whether you’re a creative spirit or a businessperson, “The Sky is Green” offers insights into happiness from which all can benefit.”

~ Fern Reiss, director, The International Association of Writers, Speakers, and Experts,
<http://www.associationofwriters.com/>

AMAZON.COM ~ A Gem of a Book! ★★★★★ 5 Stars

“Do you have problems in your life? Does it feel like your world is upside down? If you answered “yes” to any of these questions, then you will definitely want to read, *The Sky is Green and the Grass is Blue*. Author and motivational consultant, Deb Scott, is no stranger to hardship. With extraordinary openness, she shares things that have helped her overcome her difficulties and have turned her upside down world right side up.

The tone of the book is very conversational. The reader almost feels as if he or she is sitting down with Deb, having a cup of coffee, and talking with her. The book is full of stories and quotes and analogies from everyday life that beautifully illustrate her points. She offers helpful advice that includes praying, 12 step programs (not just for alcoholics), tips for finding and determining if you have a “good” therapist, volunteering, and valuable resources (online and media) that can be used to help readers find blue skies and green grass. Another helpful tool that Ms. Scott includes is written exercises. Found throughout the book, these exercises are intended to help readers do some critical thinking and self-evaluation so that they can find themselves on the path to happiness.

The Sky is Green and The Grass is Blue is positive encouragement for people who feel that life is pulling them down. If your sky is green, and your grass is blue, then read this book. You won’t be disappointed!”

Sherry Ellis/ [Amazon.com](https://www.amazon.com)

“If you want to meet the most powerful and amazing person you will ever know, let Deborah Scott introduce you to YOU! Within the pages of this book Deborah offers her first hand advice to gently and effectively guide you, including easy exercises which can assist you, in turning your challenges into celebrations.”

~ Sumner M. Davenport; Results Coach, Bounce-Back Expert;
Best Selling Author; The “G” spot, The ecstasy of life through GRATITUDE.
<http://sumnerdavenport.com/>

BARNES & NOBLE.COM ~ All 5 Star Ratings! ★★★★★

- ★★★★★ Research
- ★★★★★ Usefulness
- ★★★★★ Organization

- ★★★★★ Accuracy
- ★★★★★ Clarity
- ★★★★★ Authoritative
- ★★★★★ Comprehensive
- ★★★★★ Innovative
- ★★★★★ Compelling
- ★★★★★ Relevant

For All General Readers / [Barnes & Noble.com](http://www.barnesandnoble.com)

“The Sky is Green and the Grass is Blue is the perfect gift for anyone in your life who is suffering and looking for resources to create happiness. Deb Scott takes readers on an inspiring journey through many self-help tools available today, including some surprising ideas on where you can find the most happiness.”

~ Lisa Tener; Book Writing Coach, Speaker, Published Author;
<http://www.lisatener.com/>

ALL BOOKS REVIEW ~ Highly Recommended! ★★★★★

“You don’t know, what you don’t know !”

“Simple? Yes. Easy to accept? No ! Deb Scott’s premise that “You don’t know, what you don’t know,” is the basis for transforming negatives into positives. It is the foundation for her book.

The Sky is Green and the Grass is Blue teaches readers to reverse their thinking; to turn all of life’s negativity into a positive, happy life. Starting at the beginning she convinces readers that help is just a step away. First and foremost you must open your mind and open your heart. Prayer is encouraged.

The author suggests that “going it alone” does not work. The book recommends several well-qualified organizations, at no cost to the member, that can help. The next step would be professional therapists and coaches and media tools, all practically listed and suggested. Numerous stories and anecdotes are included to make her point and provide entertainment.

Well organized, humorous, entertaining and yet, very in depth sensible advice, this book will be a great help to many people in conquering their fears and their past.”

Highly Recommended by Reviewer: Shirley Roe

[Allbooks Review](#)

A Review by Dr. Patrick A. O’Dougherty, out of the F. Scott Fitzgerald community of St. Paul, MN

“Encouragement. Deb Scott should be encouraged. I come from a family of counselors. My mother, Patricia O’Dougherty, was a social worker on the charging team in Minneapolis. She worked with the women’s prison, alcoholics, and the Indian mothers. My father, James O’Dougherty, was an attorney who specialized in counseling. I have a counselor who specializes in counseling writers. I, first, sought counseling because I did not want to fall through the cracks in life. I am evaluating Deb Scott’s book not as a professional but as a consumer. Motivation. Motivation is one of the hardest topics to write about because it is very difficult to judge motivation. Actions speak louder than words. Writing a motivational book is quite an ambitious undertaking. Deb Scott maintains motivation should lead to action. This book review is an action, a defining point an outcome from reading the book. The strength of Deb Scott’s book is it is filled with prayers and profundities. It has exercises and a plan, focus and positive advice. It has religious themes without being preachy or proselytizing. I went to Washburn High School in Minneapolis. Dwayne Dwyer replicated the miracles of St. Francis of Assisi on the stage with the audience. I don’t think my high school physics teacher at Washburn, Mr. Requeway, could do this. Deb Scott is a replicable miracle. The kingdom of God is within. It is within you. It is within Deb Scott. Ironically, I made a teaching film which uses a similar exercise to the one Deb Scott

does. My exercise is to spell your name with dots between the letters and then turn the letters of your name into a poem with another person's name and then connect the dots and poems. Service. Get out of yourself is another profound piece of advice from Deb Scott. Surround yourself with motivational tapes, meditation and positive reinforcement. Advice I have found useful is to make a roadmap of your life and chart it. Gratitude. Count your blessings. Deb Scott's advice, profundities and ironies are grace notes for new prescriptions in your life. I hope this review makes you feel new. Your book renewed my interest in your field. You want to change people's thinking and lead them to do good. It is difficult to judge motivation. So, I won't judge Deb Scott, rather accept. Brilliant!"

Dr. Patrick A. O'Dougherty, Saint Paul, Minnesota, USA

Winner of the Prestigious International Library of Poetry's Editor's Choice Award ; Namara Alumni Carlson Heritage Wall Author at the University of Minnesota; F. Scott Fitzgerald Community, [More Here...](#)

SELF-HELP DAILY: Winner Top 100 Inspirational Blogs!

"Wholeheartedly recommend this book to anyone!"

There were so many things I loved about this book – from the author's infectious positive and fun-to-read style to the catchy title – a title that starts the reader off on a journey to discover what the author has in mind..

I'd categorize this book under the following categories:

- Spiritual
- Self Help
- Self Improvement
- Inspirational
- Motivational
- Recovery
- A Book that Makes You Glad to Be Alive!

That last category? Just made it up – Just for this book.

When I finish reading a book, I ask myself what my initial opinion of the book is. After the standard, "Like it, love it, or eh -so-so," I always have a few summarizing thoughts about the book, the author, or the way the book left me feeling. After reading [The Sky is Green and the Grass is Blue: Turning your upside down world right side up!](#), I thought, and subsequently wrote down, the following:

"This book was like a walk through an inspirational and spiritual garden. There were so many lovely thoughts, quotes, stories, and illustrations along the way – just like beautiful flowers along a garden's path. I kept stopping to pick one and could see one just ahead – from the first page of the book to the last."

I wholeheartedly recommend this book to anyone and everyone. I promise that you'll find plenty of beautiful flowers to cut and enjoy along the garden's path. Buy [The Sky is Green and the Grass is Blue: Turning your upside down world right side up!](#) on Amazon today.

**SELF-HELP DAILY: Prestigious Winner:
Top 100 Inspirational Blogs!**

<http://twitter.com/JoiTaniaSigers>