

Journey in the New World I

Self-Help Manual to Self Awareness

By Wilhelmina McKittrick

A book that helps you find your true self.



Product Description

This manual will provide you with the tools you need to guide yourself towards deeper understanding about your true Self. Wilhelmina created the "Wheel towards Self-Awareness" which gives you focus points to help guide you through the steps that basically make you understand why blockages are within and how you can start working on releasing and neutralizing them to start anew, and make a connection with your higher self. Within this conscious awareness we all need to be to remain within balance in the New World and have joyful and fulfilling lives.

64 pages manual you can read in one day and profit from for a lifetime!