

The Next Wave of the Cosmic Tsunami Arrives



a message from [Karen Bishop](#)

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The cosmic tsunami wave of light showered us with another installment the past few days, and it could be felt in many varied ways, all according to how each of us is wired and how we accept and interact with energy.

The off-shore Chile earthquake which occurred on February 17th, was powerful enough that it literally shifted the earth on her axis. This created a lot of movement on the planet, as everything was thrown this way and that way, pushing a wide variance of energies into our spaces. Some of these energies were from our past, and others from our future, as all rungs on the vibrational hierarchy were affected and pushed together (and even some energies from other dimensions!), if even for a brief period of time.

After enough time was allotted for this shift to accomplish what it was meant to accomplish, which was to get the earth more fully into alignment with her new space in the cosmos, the next wave of earth movements were then triggered. (The Haiti earthquake was actually the first in a long series of earth movements yet to come, and its purpose was to jump start the heart energy, which is the overriding energy of our new and higher vibrating dimension.)

Remember, the energy of the new earth is coming from the bottom up this time, even as the cosmic tsunami does indeed arrive from the cosmos to support this process, so imminent earth changes are a vital piece of the process of creating the new earth.

These earth changes are creating the new foundation so that the light from our new residency in the cosmos can more fully integrate. In this way, we settle in with more of a new foundation, while at the same time, this triggers more of the new wave of light to arrive, bringing with it much more of the heart energy and of a higher vibrating air to breathe.

With the new earth position now more fully in place, Baja California next experienced a substantial earthquake on April 4th. Immediately after on April 6th, Indonesia experienced an earthquake measuring 7.7 in magnitude. From April 4th and following, there were countless earthquakes recorded around the globe in massive numbers. At the same time, a new wave of light began arriving on the planet, as these earth movements around the globe began to position themselves in order to receive this light.

As the new wave of light hits the earth's atmosphere, it is immediately transmuted into a sort of fairy dust so that it can more easily be assimilated and so that it arrives more gently. With all this activity occurring, many of us are experiencing wide and varied symptoms. As always, it is best to consult a healthcare professional for symptoms, as not every symptom can be attributed to the ascension process.

So then, what are some of the symptoms that we may feel during these times of massive energy movement?

- *Difficulty breathing or lung soreness due to the "fairy dust" arrival.
- *Heart pain, palpitations, chest pain, and upper back pain from the heart opening energies.
- *Having the sensation of a lump in the throat, from the opening of the heart.
- *Leg pain and foot pain from the earth movements and new grounding.
- *Over-all body pain, headaches, bladder or kidney pain, and muscle aches from detoxing in order to align with the new energies.
- *Feeling as if you are hyper-ventilating as the higher vibrating energies hit our systems.
- *Acute fear and anxiety.
- *Depression and low energy for some, heightened energy for others.
- *Feeling very "off," as if nothing fits or is familiar, and feeling jittery and frazzled, almost as if a trauma has occurred.
- *Becoming very emotional and crying about everything....when love and caring is experienced, and when it is not when it should have been (the heart energy again.)
- *Sleeplessness and stress, even if there is really none present in our lives at the moment.

When we experience massive movements with the energies and a new positioning, the darker and denser energies almost always show up somehow, as they are on their way out and have been dis-lodged. In this way, we may feel corresponding feelings, i.e. darkness, depression, fear, and anxiety as these denser energies are surrounding us for a brief time.

If we can remember that these feelings are only temporary, and result from something quite amazing and truly holy occurring, it can sometimes make the process a bit easier to digest. When we stay focused on positive and happy things, and stay in the company of loving and caring individuals, these things will then be what are magnified, when these new energies arrive and rev things up. For sensitive individuals, these massive movements of energy can really stir things up. For me, being on a near i.v. of Rescue Remedy during these times is what is needed!

When the energies are this intense, we can also create in a near instant. So again, what we entertain in our minds will arrive almost immediately for us, what we are being will arrive very quickly, and what we are feeling will magnify. It can greatly help then, if we are

conscious about who we are and what we believe, as it will arrive for us like a locomotive at times.

All in all, these earth movements are bringing us much more fully into our new and rightful spaces. We are getting closer and closer to being in a very new groove. Up until now, many of our projects are still in mid-stream as the energies continue to arrive in start-stop waves, thus we can only create parts of things. Our projects then, never seem to get completed! We align, and then create a bit more. We create just what we need to sustain us in these small and new increments.

Being that the light is now taking a foothold as the new and rightful steward of the planet, what is rightfully ours will return to us again. At the higher levels, this means our power and our position here, along with the new earth position. There are many differing levels as well. My daughter just received some clothing that she had traded to another mother many years ago, and it was the original clothing from her first born son. She now gets to pass it on to her latest children to wear, so they get to wear the clothing of their older brother. She was brought to tears to see the twins in their brother's clothes, as she had thought these clothes were gone forever.

As these massive shake-ups continue on, and as we continue to align with our very new space in the cosmos and on the planet, we can come to know that the time has finally come for the light to fully embody this very new earth. The arrival of the light and the movement it creates, or what we have subconsciously been preparing for by getting ourselves situated the past few weeks, is very near at hand.

With much love and gratitude,

Karen